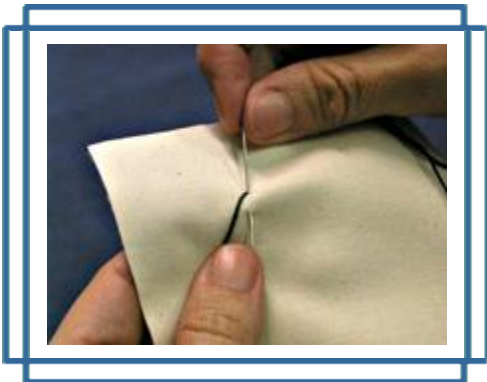
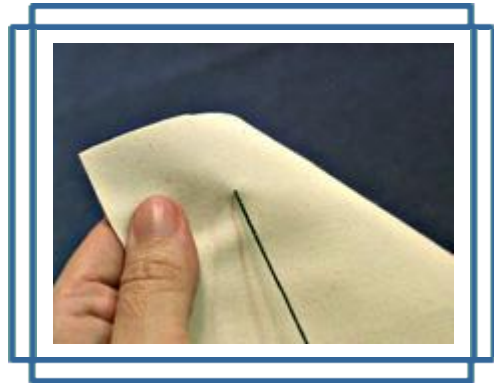




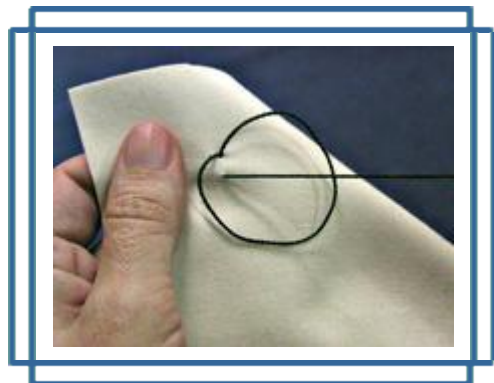
A simple stitch that is used mainly for emphasizing a line or shape.

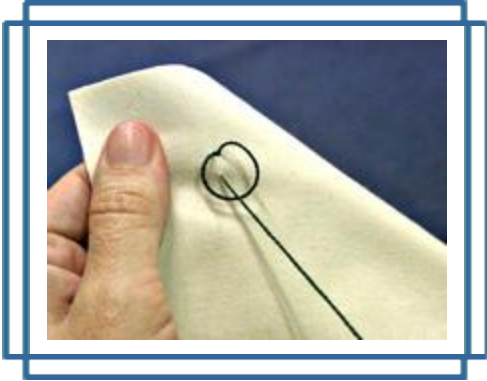
Bring your needle through from the back of your work.



Take your needle down back through the hole that you have just come out of (a) and re-emerge about 1/8th of an inch below. (b)

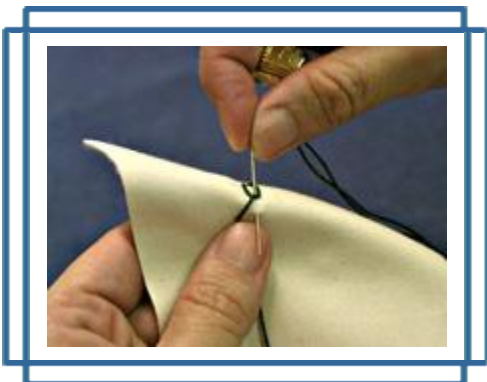
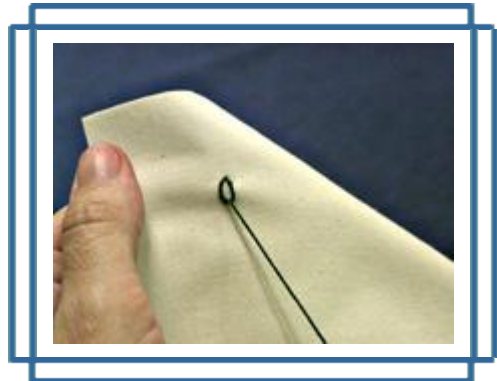
Pull your needle through to create a loop.





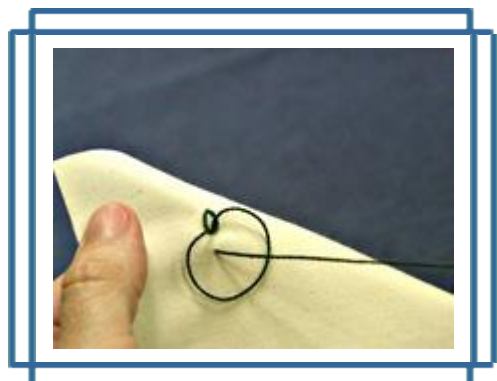
Make sure that the loop of the thread is underneath the needle.

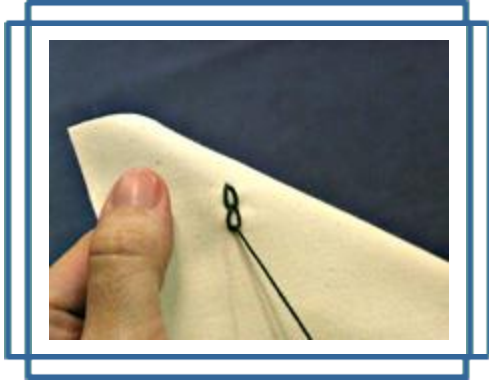
Tighten the thread against your work to create the stitch.



Take your needle back into the hole that you just came out of, (b) and take your stitch another 1/8th of an inch down. (c)

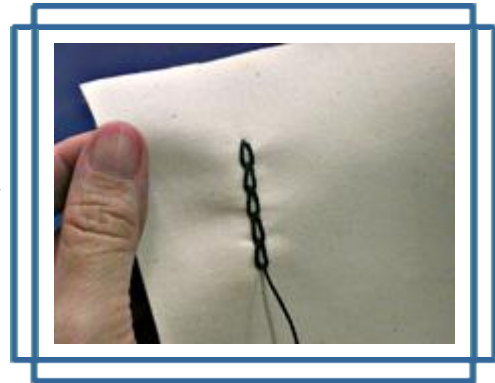
Making sure the thread is underneath the needle.





Pull your needle and thread through.

Continue stitching in this manner until you have finished then to end off, take a small stitch under your last chain stitch and tie off at the back.



These stills have been taken from the CD-rom '**Love to Stitch, Love to Sew.**' Here **Lynette Anderson** teaches you everything you'll need to know to get started with appliqué.

Only AU\$39.95 this is a must own resource for anyone stepping up to appliqué.

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